



Maryann's Kitchen Menu

Order Form for October 1 & 2 2026 Delivery

Orders Close September 25

Desserts \$4.00 (30% \$1.20)

Peach Crumble ☐
With Custard

Lemon & Blueberry Tart ☐
With Cream

Jelly Slice ☐
With Lime Jelly

Soup & Salad \$14.50 (30% \$4.35)

Salmon Salad (GF)(DF) (No Onion/Garlic) ☐
Salmon Chunks on a bed of potato salad and garden salad, tomato and cucumber.

Pumpkin & Bacon Soup (GF) ☐
Pureed Soup with diced bacon pieces including pumpkin, potato and sweet potato.

Premium Meal \$25.00 (30% \$7.50)

Roast Turkey & Cranberry Sauce (GF)(DF) (No Onion) ☐
Served with roasted pumpkin, baby potatoes and garlicky green baby beans.

Main Meals \$14.50 (30% \$4.35)

Roast Beef (GF)(DF) (No Onion/Garlic) ☐
Tender slices topped with gravy, served alongside roast potato, carrot and broccoli.

Hearty Lamb Casserole (GF) (DF) ☐
Hearty lamb chunks include celery, potato and carrots on a bed of cabbage with sweet potato and brussel sprouts.

Teriyaki Chicken Stir Fry (GF) (DF) ☐
Chinese flavoured chicken infused with capsicum and Bok choy, on rice served with mixed Asian style veggies.

Pork Scallopini ☐
New! Tenderised pork loin with lemon butter sauce served with potato bake, roasted pumpkin and green beans.

Beef Lasagne (No Onion/Garlic) ☐
The flavour of Italy, layers of pasta infused with beef, ham, egg and rich tomato sauce topped with parmesan cheese.

Crumbed Whiting (DF) (No Onion/Garlic) ☐
Crispy fillet with tartare sauce on bed of corn, cauliflower and green beans.

Chicken Cacciatore (GF) (No Garlic) ☐
Updated! Diced chicken with a tomato, olive and mushroom sauce served with polenta, sweet potato and zucchini.

French Onion Risssoles (No Garlic) ☐
Light pork risssoles in creamy French onion gravy. Served with mashed potato, pumpkin and peas.

Chunky Lamb & Mushy Pea Pie ☐
Slow cooked lamb and beef chunks topped with traditional mushy pea served with carrots and broccoli.

Curried Veggie Burgers ☐
New! Topped with fruit chutney including rice, zucchini, carrot, spinach and chickpeas plus sweet potato and peas.

Mediterranean Frittata (V) (GF) (No Garlic) ☐
Updated! includes capsicum, asparagus, sweet potato, onion and ricotta with roasted carrot and zucchini.

To order call 0433855337, email contact@maryannskitchen.com.au or return form to your delivery driver. \$4 Delivery Fee
Standard office hours Mon-Fri 10am – 2 pm

Your Details

Name(s):

Address:

Feedback:

Joke of the Week:

What did the grape say when it got stepped on?
Nothing it just let out a little wine

Did you know?

To match the amount of antioxidants found in a single glass of red wine, you would need to drink about seven glasses of orange juice